

List of All Chemicals

P *Sophora angustifolia* (Fabaceae)

Common name(s)

Narrowleaf Sophora

How used

Medicinal

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

| Chemical | Plant Part | Low PPM | High PPM | StdDev | *Reference |
|------------------------------------|--|---------|----------|--------|------------|
| 8-ISOPENTYL-RHAMNOCITRIN | Root | -- | -- | | * |
| ANAGYRINE | Root | -- | -- | | * |
| Activities (11) | | | | | |
| AntiRSV | | | | | |
| Antiarrhythmic | | | | | |
| Antiedemic | | | | | |
| Antiviral | | | | | |
| Cardiotonic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Cathartic | | | | | |
| Diuretic | | | | | |
| Nematostat | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. | | | | |
| Oxytoxic | | | | | |
| Tachycardic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Teratogenic 30 mg/kg | | | | | |
| ARSENIC | Root | -- | 0.49 | -0.19 | * |
| Activities (2) | | | | | |
| Anorexic | Forest H. Nielsen, USDA, Grand Forks, various publications. | | | | |
| Pesticide | | | | | |
| BAPTIFOLINE | Root | -- | -- | | * |
| CALCIUM | Root | 8750.0 | 9710.0 | 0.25 | * |
| Activities (28) | | | | | |
| AntiPMS 1 g/day | | | | | |
| Antiallergic 500 mg/day | | | | | |
| Antianxiety | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. | | | | |
| Antiarrhythmic 500-1,500 mg | | | | | |
| Antiarthritic 1,000 mg/day | | | | | |
| Antiatherosclerotic 500 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. | | | | |
| Anticlimacteric 1,000-1,500 mg/day | | | | | |
| Antidepressant | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. | | | | |
| Antidote (Aluminum) | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. | | | | |
| Antidote (Lead) | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. | | | | |
| Antihyperkinetic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. | | | | |
| Antihypertensive | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. | | | | |
| Antiinsomniac | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. | | | | |
| Antimenopausal 1,000-1,500 mg/day | | | | | |
| Antiobesity | | | | | |
| Antiosteoporotic 500-2,000 mg/day | | | | | |
| Antiperiodontitic 750 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. | | | | |
| Antirheumatic 1,000 mg/day | | | | | |
| Antistress 500-1,500 mg/day | | | | | |
| Antitoxic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. | | | | |
| Anxiolytic 500-1,500 mg/day | | | | | |
| Calcium-Channel-Blocker | | | | | |

| | |
|--------------------------------|--|
| Hypocholesterolemic 500 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Hypotensive 1 g/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Laxative 1,000-1,200 mg | |
| Tranquilizer 500-1,500 mg/day | |
| Vasodilator | |

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|-------------|------|----|----|----|---|
| CAMPESTEROL | Root | -- | -- | -- | * |
|-------------|------|----|----|----|---|

Activities (2)

| | |
|------------------------|--|
| Antioxidant IC37=10 uM | |
| Hypocholesterolemic | Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705. |

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|--------|------|-----|------|-------|---|
| COPPER | Root | 5.0 | 10.0 | -0.19 | * |
|--------|------|-----|------|-------|---|

Activities (12)

| | |
|-------------------------|--|
| Antianemic | |
| Antiarthritic | |
| Antidiabetic 2-4 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antifatigue | |
| Antiinflammatory | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antinociceptive | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiosteoporotic | |
| Cardioprotective | |
| Contraceptive | Martindale's 28th |
| Hypocholesterolemic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Immunomodulator | |
| Schizophrenogenic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |

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|----------|------|----|----|----|---|
| CYTISINE | Seed | -- | -- | -- | * |
|----------|------|----|----|----|---|

Activities (10)

| | |
|------------------|---|
| Antiinflammatory | |
| Hallucinogenic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Molluscicide | |
| Nematistat | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. |
| Pesticide | |
| Pressor | Collins, D.J., Culvenor, C.C.J., Lamberton, J.A., Loder, J.W. and Price, J.R., Plants for Medicines, CSIRO, East Melbourne, Australia, 1990, 303 pp. |
| Psychoactive | |
| Respirastimulant | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Teratogenic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Toxic | Mitchell, J. and Rook, A.J. 1923. Botanical Dermatology: plants and plant products injurious to the skin. Vancouver: Greengrass, 1979. xiii, 787 p.: ill. |

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|--------------|------|----|----|----|---|
| FORMONONETIN | Root | -- | -- | -- | * |
|--------------|------|----|----|----|---|

Activities (16)

| | |
|------------------------------|--|
| Abortifacient | Cooper-Driver, G. A., Chemical substances in plants toxic to animals, pp. 213-47 in Rechcigl, M., Jr., ed. CRC Handbook of Naturally Occurring Food Toxicants, CRC Press, Boca Raton, 1983, 339 pp. |
| Anticephalagic | |
| Antifeedant | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Antiulcer? | |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Estrogenic | Merck 11th Edition |
| Fungicide ED50=250-350 ug/ml | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Fungicide ED50=>100 | |
| Fungicide IC16-18=>100 uM | |
| Herbicide-Safener | Chau (1985) in Purseglove et al. Acta Botanica Sinica, 2. |
| Hypocholesterolemic | |
| Hypolipidemic | |
| Myorelaxant | Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp. |
| Pesticide | |
| Topoisomerase-I Inhibitor | Santti, R., Makela, S., Strauss, L., Korman, J., Kostian, M. L. 1998. Phytoestrogens: Potential Endocrine Disruptors in Males. Toxicol Ind Health, 14: 223-237. |
| VAM-Stimulant | Chau (1985) in Purseglove et al. Acta Botanica Sinica, 2. |

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|------|------|-------|-------|------|---|
| IRON | Root | 280.0 | 860.0 | 0.81 | * |
|------|------|-------|-------|------|---|

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|---|--|--------|--------|------|---|
| Antiakathisic | Martindale's 29th | | | | |
| Antianemic | Martindale's 29th | | | | |
| Anticanker | | | | | |
| Anticheilitic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. | | | | |
| Antimenorrhagic 100 mg/day/wmn/orl | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). | | | | |
| Prooxidant | | | | | |
| ISOANHYDROICARITIN | Root | -- | -- | | * |
| ISOKURARINONE | Root | -- | -- | | * |
| Activities (2) | | | | | |
| Antiseptic MIC=3.13-6.25ug/mL | | | | | |
| Pesticide | | | | | |
| ISOMATRINE | Root | -- | -- | | * |
| ISOXANTHOHUMOL | Root | -- | -- | | * |
| Activities (6) | | | | | |
| Antiestrogenic | | | | | |
| Aromatase-Inhibitor | | | | | |
| Cytotoxic | | | | | |
| Estrogenic | | | | | |
| Fungicide | | | | | |
| Pesticide | | | | | |
| KURADINOL | Root | -- | -- | | * |
| KURARIDIN | Root | -- | -- | | * |
| KURARIDINOL | Root | -- | -- | | * |
| KURARINOL | Root | -- | -- | | * |
| KURARINONE | Root | -- | -- | | * |
| Activities (5) | | | | | |
| Antiseptic MIC=6.25-12.5ug/mL | | | | | |
| Antiulcerogenic ED65=50 | | | | | |
| Calcium-Antagonist | | | | | |
| Pesticide | | | | | |
| cAMP-Phosphodiesterase-Inhibitor | | | | | |
| L-N-METHYLCYTISINE | Root | -- | -- | | * |
| MAGNESIUM | Root | 2140.0 | 3720.0 | 0.62 | * |
| Activities (65) | | | | | |
| AntiCFS | | | | | |
| AntiLyme 400-1,000 mg | | | | | |
| AntiMS | | | | | |
| AntiPMS 400-800 mg/day/wmn/orl | | | | | |
| AntiPMS 400-800 mg/day/wmn orl | | | | | |
| AntiRaynaud's 280-350 mg/day | | | | | |
| Antiaggregant 400 mg/day | | | | | |
| Antialcoholic | | | | | |
| Antianginal 400 mg/day | | | | | |
| Antianorectic | | | | | |
| Antianxiety 400 mg/day | | | | | |
| Antiarrhythmic 400 mg/day | | | | | |
| Antiarthritic | | | | | |
| Antiasthmatic | | | | | |
| Antiatherosclerotic 400 mg/day | | | | | |
| Anticephalagic | | | | | |
| Anticlimacteric 500-750 mg/day | | | | | |
| Anticonvulsant | | | | | |
| Facciola, S. 1998. Cornucopia - A Source Book of Edible Plants. Kampong Publications, Vista CA. 713 pp. | | | | | |

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|---|--|
| Antidepressant | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antidiabetic 400-800 mg/man/day | |
| Antidysmenorrheic 100 mg 4 x/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiendometriotic 500 mg/day | |
| Antienterotic | |
| Antiepileptic 450 mg/day | |
| Antifatigue | |
| Antifibromyalgic 200-300 mg 3x/day | |
| Antigastrotic | |
| Antiglaucomic | |
| Antihyperkinetic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antihypertensive | |
| Antihypoglycemic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antiinflammatory 100 mg 4 x/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiinsomniac | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antilithic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antimastalgic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antimenopausal 500-750 mg/day | |
| Antimigraine 200 mg/day/man | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antimiral-valve-prolapse | |
| Antinephrolytic | |
| Antineurotic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antiosteoporotic 500-1,000 mg/day/wmn/orl | |
| Antiplaque 500-1,000 mg/day | |
| Antiretinopathic 400 mg/day | Chalelm, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antispasmodic | |
| Antispasmophilic 500 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antistress 500-750 mg/day | |
| Antistroke 400 mg/day | Chalelm, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antisyndrome-X 400 mg/man/day | Chalelm, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Anxiolytic 500-750 mg/day | |
| CNS-Depressant | Facciola, S. 1998. Cornucopia - A Source Book of Edible Plants. Kampong Publications, Vista CA. 713 pp. |
| Calcium-Antagonist | |
| Cardioprotective | |
| Diuretic | |
| Hypocholesterolemic 400 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Hypotensive 260-500 mg/day | |
| Immunomodulator | |
| Insulinogenic 400 mg/day | Chalelm, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Laxative 300-500 mg/day | |
| Litholytic | |
| Myorelaxant 100 mg 4 x/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Neurotransmitter | |
| Tranquilizer 500-750 mg/day | |
| Uterorelaxant 100 mg 4 x/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Vasodilator | |

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|-----------|------|------|------|-------|---|
| MANGANESE | Root | 28.0 | 42.0 | -0.04 | * |
|-----------|------|------|------|-------|---|

Activities (14)

| | |
|-------------------------------|--|
| AntiPMS | |
| Antialcoholic | Forest H. Nielsen, USDA, Grand Forks, various publications. |
| Antianemic | Martindale's 28th |
| Antiarthritic | |
| Antidiabetic 3-5 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antidiabetic 10-30 mg/man/day | |
| Antidiscotic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antidyskinetic | Martindale's 28th |
| Antiepileptic 450 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiosteoporotic | |

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|--------------------------------|--|--|--|--|--|
| Antioxidant | | | | | |
| Antisynrome-X 10-30 mg/man/day | Challm, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 | | | | |
| Hypoglycemic 10-30 mg/man/day | | | | | |

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|--------------------------------------|---|----|----|----|---|
| MATRINE | Root | -- | -- | -- | * |
| Activities (21) | | | | | |
| Antiallergic | | | | | |
| Antianaphylactic | | | | | |
| Antiarrhythmic | Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 407. | | | | |
| Antibacterial | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Antidermatitic | | | | | |
| Antiedemic 15-25 mg/kg ims mus | | | | | |
| Antihistaminic | | | | | |
| Antiinflammatory 15-25 mg/kg ims mus | | | | | |
| Antitumor | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Antiulcerogenic | | | | | |
| CNS-Inhibitor | | | | | |
| Cardiorelaxant | | | | | |
| Convulsant | | | | | |
| Hypotensive | | | | | |
| Hypothermic | | | | | |
| Immunostimulant | | | | | |
| Immunosuppressant | | | | | |
| Inotropic | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp. | | | | |
| Paralytic | | | | | |
| Pesticide | | | | | |
| Protisticide | | | | | |

| | | | | | |
|-----------------------|--|----|------|------|---|
| MERCURY | Root | -- | 0.27 | 0.46 | * |
| Activities (1) | | | | | |
| Nephrotoxic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). | | | | |
| NEOKURARINONE | Root | -- | -- | -- | * |
| NORANHYDROICARITIN | Root | -- | -- | -- | * |
| NORKURARINONE | Root | -- | -- | -- | * |
| OXYMATRINE | Root | -- | -- | -- | * |

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|-----------------------|---|--|--|--|--|
| Activities (5) | | | | | |
| Antiarrhythmic | Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 407. | | | | |
| Antiasthmatic | | | | | |
| Antitumor | | | | | |
| Antiulcerogenic | | | | | |

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|---------------------------------|--|--------|--------|-------|---|
| IMMUNOSTIMULANT 2-10 ug/ml | | | | | |
| POTASSIUM | | | | | |
| POTASSIUM | Root | 2430.0 | 4740.0 | -0.81 | * |
| Activities (14) | | | | | |
| Angiotensin-Receptor-Blocker | | | | | |
| Antiarrhythmic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. | | | | |
| Antidepressant | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. | | | | |
| Antifatigue | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. | | | | |
| Antihypertensive | | | | | |
| Antispasmodic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. | | | | |
| Antistroke | | | | | |
| Anxiolytic | | | | | |
| Beta-Blocker | | | | | |
| Cardioprotective 3,000-5,000 mg | | | | | |
| Cardiotoxic 18,000 mg/man/day | | | | | |

Hypotensive
Vasodilator

| | | | | | |
|--|---|------|------|-------|---|
| SODIUM | Root | 70.0 | 74.0 | -0.48 | * |
| Activities (1) | | | | | |
| Hypertensive | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. | | | | |
| SOPHOCARPINE | | | | | |
| | Root | -- | -- | | * |
| Activities (2) | | | | | |
| Antichorioadenoic | | | | | |
| Antitumor | | | | | |
| SOPHOCARPINE-N-OXIDE | Plant | -- | -- | | * |
| SOPHORAMINE | Root | -- | -- | | * |
| SOPHORANOL | Root | -- | -- | | * |
| STIGMASTEROL | Root | -- | -- | | * |
| Activities (12) | | | | | |
| Antihepatotoxic | | | | | |
| Antiinflammatory | Lawrence Review of Natural Products, 1995 | | | | |
| Antinociceptive | | | | | |
| Antiophidic 2.3 mg ipr mus | Economic & Medicinal Plant Research, 5: 363. | | | | |
| Antioxidant IC33=10 uM | | | | | |
| Antiviral | Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in <i>Artemisia annua</i> . <i>Plant Science</i> , 75: 161-165, 1991. | | | | |
| Artemicide LC50=110 ppm | Jung, J.H., Pummangura, S., Chaichantipyuth, C., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of <i>Melodorum fruticosum</i> . <i>Phytochemistry</i> , 29(5): 1667-1670. 1990. | | | | |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. | | | | |
| Estrogenic | | | | | |
| Hypocholesterolemic | Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp. | | | | |
| Ovulant | | | | | |
| Sedative | | | | | |
| XANTHOHUMOL | Root | -- | -- | | * |
| Activities (4) | | | | | |
| Antiinflammatory | | | | | |
| Estrogenic | | | | | |
| Fungicide | | | | | |
| Pesticide | | | | | |
| ZINC | Root | 10.0 | 24.0 | -0.01 | * |
| Activities (77) | | | | | |
| ACE-Inhibitor | | | | | |
| Analgesic | | | | | |
| AntiBPH 25-60 mg/day | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. | | | | |
| AntiCrohn's | | | | | |
| AntiHIV | | | | | |
| Antiacne 135 mg/day | | | | | |
| Antiacrodermatitic 8-34 mg/day/orl/chd | Martindale's 29th | | | | |
| Antialcoholic | | | | | |
| Antialope cic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. | | | | |
| Antialzheimeran 50 mg/day | Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp. | | | | |
| Antiangiogenic | | | | | |
| Antianorexic | Martindale's 29th | | | | |
| Antiarthritic 50 mg/3x/day/orl/man | | | | | |
| Anticanker 100 mg/day | Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp. | | | | |
| Anticataract 30 mg/day | Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp. | | | | |
| Anticoeliac | Martindale's 28th | | | | |
| Anticold 50 mg | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. | | | | |
| Anticolitic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. | | | | |

Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

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| Antidandruff | |
| Antidermentia | |
| Antidiabetic 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antidote (Cadmium) | Let's Live, May 1989. |
| Antidysgeuzic | |
| Antieczemic 150 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antinecephalopathic | Martindale's 29th |
| Antiepileptic 100 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antifibrotic 30 mg | |
| Antifuruncular 45 mg/3x/day/man | Martindale's 28th |
| Antihangover 15 mg | |
| Antiherpetic? 25-60 mg/day | |
| Antiimpotence | Martindale's 29th |
| Antiinfective 50 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiinfertility 60 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiinsomniac | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antilepric | Martindale's 29th |
| Antileukonychic | |
| Antilymphomeric | |
| Antimaculitic | |
| Antimetastatic | |
| Antineuropathic | |
| Antinyctalopic | |
| Antiobesity 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antosteoporotic | |
| Antiperiodontic | |
| Antiplaque | Martindale's 29th |
| Antiprolactin | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiprostatitic 50 mg/man/day/orl | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antirheumatic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antiseptic 50 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antispase-Tire 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antistomatitic 50 mg/man/3x/day | Martindale's 28th |
| Antisyndrome-X 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antitinnitin 60-120 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antitriglyceride 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antiulcer 50 mg/3x/day/man | Martindale's 28th |
| Antiulcer 88 mg/rat/day/15 days | |
| Antiviral? | Martindale's 29th |
| Astringent | Martindale's 28th |
| Collagenic | |
| Copper-Antagonist | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Deodorant | Martindale's 29th |
| Detoxicant (Alcohol) | |
| Ergogenic | |
| Hypotensive 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Immunomodulator | |
| Immunostimulant | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Immunosuppressant 300 mg/day/6 wks/orl/man | Martindale's 29th |
| Insulinogenic 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Leptogenic 30-60 mg/man/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Mucogenic | Li, K.M. Effect of zinc sulphate on acetic acid-induced gastric ulceration in rats. <i>J. Pharm. Pharmacol.</i> 42: 657-659, 1990. |
| NF-kB-Inhibitor | |
| Pesticide | |
| Spermigenic 60 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Testosteronogenic 60 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Trichomonicide | Martindale's 29th |
| Vulnerary | Martindale's 28th |

